

Evidence-based Child Treatment Program

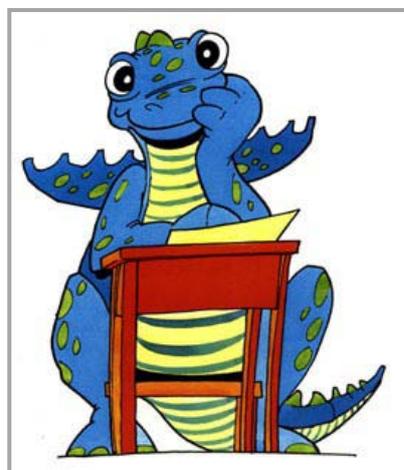
THE INCREDIBLE YEARS®

CHILD GROUP LEADER WORKSHOP

Small Group Dinosaur Program (For Children Aged 4-8)

INTRODUCTION

The Incredible Years® is a series of **evidence-based programs** for parents, children, and teachers, supported by over 30 years of research. This 3-day workshop will present in depth the **Dina Dinosaur Child Social Skills, Emotional Regulation & Problem Solving Training** for Children designed by Dr. Webster-Stratton to help young children who have behavior problems. The program focuses on ways to promote children's emotional literacy, anger management, appropriate conflict management strategies, expected classroom behaviors, and positive social skills or friendship behaviors with other children and adults. The program has been shown to be effective in randomized control group studies with families of children with Oppositional Defiant Disorder and Conduct Disorder. Participants would be eligible to run the Small Group Dinosaur Program and to proceed as certified group leaders upon completion of training.



DETAILS

Date	:	Group 1 - 4June2018 - 6June2018 (Mon - Wed)
	:	Group 2 - 7June2018 - 9June2018 (Thu - Sat)
Time	:	9:30am - 5:00pm
Medium	:	English
Capacity	:	50 (25 for Group 1, 25 for Group 2)
Venue	:	Hong Kong Federation of Youth Groups Building, Quarry Bay
Course Fee	:	HKD 6,800 (Early Bird Rate for Registration by <u>10 Mar 2018*</u>)
		*Extension of Early Bird period for Chinese New Year Holiday!
		HKD 7,500 (Regular Rate)

REGISTRATION

Please submit your registration online at <http://www.mindnuture.org/iy2018reg>
 Seats will be given on a first-come-first-serve basis.

TARGET PARTICIPANTS

Psychiatrist, paediatrician, clinical psychologist, educational psychologist, counselor, social worker, special education teachers, or other professionals working with children with behavior problems.

ABOUT THE SMALL GROUP DINOSAUR PROGRAM

- The Small Group Dinosaur treatment curriculum is for counselors, therapists, or special education teachers to treat children with conduct problems, ADHD, and internalizing problems. It is delivered in 2-hour weekly small group sessions (6 children per group) for 18-22 weeks. Ideally it is offered in conjunction with the 2-hour weekly parenting program group sessions (the Preschool or School-age Incredible Years Parenting Group) so parents have an opportunity to foster their children's learning in Dinosaur School in their interactions with them at home.
- The workshop will cover methods for working with small groups of children including role play, rehearsal, video and live modeling, group discussion and small group activities. The intervention program is appropriate for use by therapists with small groups of children with behavior problems either in mental health centers or as "pull out" programs in schools.
- For more details of the program content & objectives, please see [here](#). For alignment with parenting programs, please see [here](#).

NOTES TO PARTICIPANTS

- This curriculum uses the book "Incredible Teachers: Nurturing Children's Social, Emotional and Academic Competence" as the companion book for therapists. Participants are highly recommended to read or have ready access to the book before starting the group as group leaders. Participants may consider obtaining a copy as reference in the workshop.
- As suggested by The Incredible Years®, the Small Group Dinosaur Curriculum and puppets are recommended for certified group leaders to start their group. The materials are in English. However, these materials are not compulsory for attending this workshop per se. For details of the curriculum, please visit the link below:
<http://www.incredibleyears.com/programs/child/dinosaur-curriculum/>

ABOUT THE TRAINER



Kimberlee Shoecraft
LICSW, United States

Kimberlee Shoecraft has been providing the Incredible Years parenting groups with the child welfare population since 2007 in Washington State. Kimberlee has trained and mentored over 100 group leaders serving the child welfare population across Washington State. In addition to supporting and training WA state group leaders she also provides authorized workshops through Incredible Years for new group leaders across the United States and in Europe. Kimberlee's background includes psychiatric emergency social work and work with the child welfare population. She has worked as a family preservation worker, a child protective services social worker, and a program manager overseeing the implementation of evidence-based practices like Incredible Years.



You can find out more about the program at <http://www.incredibleyears.com/>
For enquiry, please contact us at info@mindnurture.org

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